



wave active

Join us for a **Free Swim** at Ringmer Swimming Pool

We'd love to welcome the
Ringmer Community to
Ringmer Pool — come and
enjoy a swim on us!

What's included?

- ✓ Family swim sessions
- ✓ Swim for All sessions
- ✓ Fitness swims
- ✓ Lane swimming

Whether you want to splash around
with the family,
enjoy a relaxed dip, or get a good
workout in the lanes,
there's something for everyone.

All you need to do is show this leaflet
along with proof of address,
and you can dive straight in.

Expire 31/10/2025



Ringmer, Lewes BN8 5RB

Phone: 01273 087115

www.waveactive.org