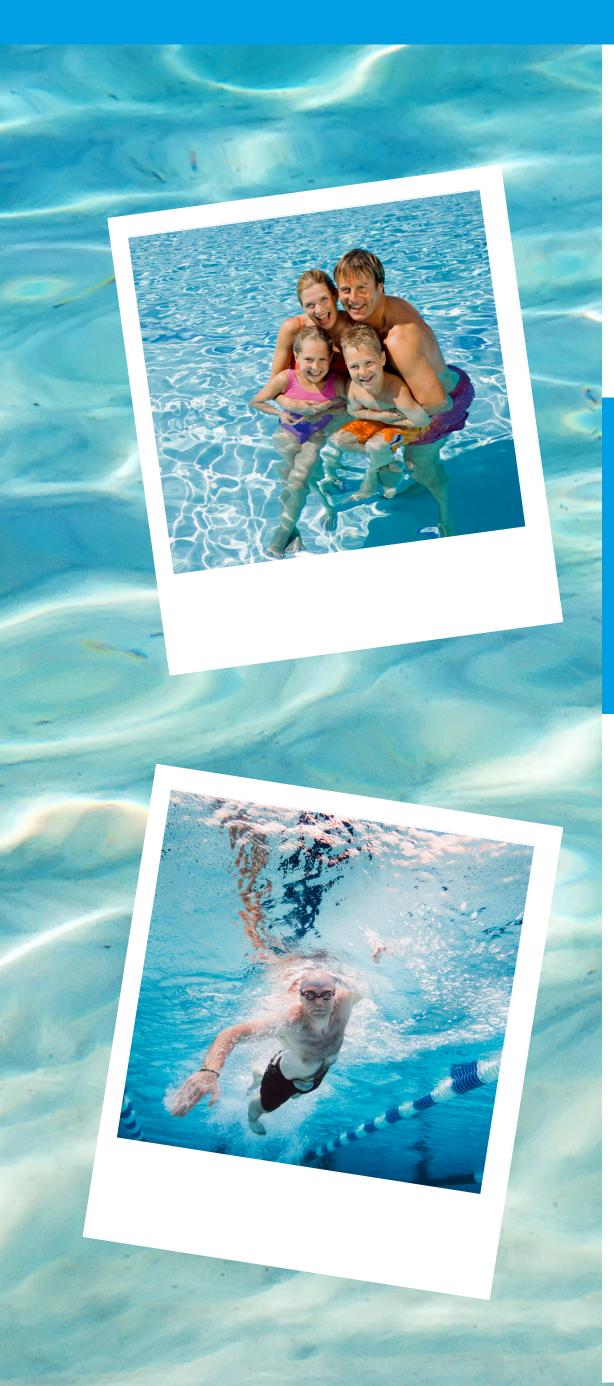


## Join us for a Free Swim at Ringmer Swimming Pool



We'd love to welcome the Ringmer Community to Ringmer Pool — come and enjoy a swim on us!

## What's included?

- √ Family swim sessions
- ✓ Swim for All sessions
  - ✓ Fitness swims
- Lane swimming

Whether you want to splash around with the family, enjoy a relaxed dip, or get a good workout in the lanes, there's something for everyone.

All you need to do is show this leaflet along with proof of address, and you can dive straight in.



## Expire 31/10/2025

Ringmer, Lewes BN8 5RB Phone: 01273 087115

www.waveactive.org